

## Understanding Children and Young People's Mental Health Level 2 Certificate

Study Mode: Part-time | Course Level:

### Is this course right for me?

If you to work with children and young people - or already have a role working with these age groups - this qualification will improve your knowledge and awareness of mental health.

The qualification will look good on your CV when applying for jobs and will be valuable when working in a range of roles in the education or health and social care sectors.

### Entry Requirements

To access this course you are required to demonstrate that you are working at Level 1 in English and maths.

Whilst a placement in a relevant setting is not a requirement of the course, you are advised to source a placement as part of your personal development and to prepare you to progress to a Level 2 qualification.

### What will I learn?

During the course you will gain knowledge and understanding of:

- Children and young people's mental health in context
- Factors which may affect children and young people's mental health
- Children and young people's mental health concerns
- Impact of children and young people's mental health concerns
- How to support children and young people with mental health concerns

### What skills will I gain?

Throughout the course you will gain skills in:

- Communication
- Using ICT to research and complete assignments using a virtual learning platform
- Reflection, planning and prioritising
- Working within a team

### How will I be assessed?

This is an assessment-based course and there are no exams.

You will be continually assessed throughout the course in the following ways:

- Assignments
- Case studies
- Oral and written questions
- Projects

## What can I do next?

Successful completion of the programme will enable you to progress to a level 3 qualification such as:

- Understanding Mental Health Level 3 Certificate
- Awareness of the Mental Capacity Act 2005 Level 3 Award
- Children and Young People's Workforce (England) Level 3 Diploma
- Teaching Assistant Level 2 Certificate

## Why study with us?

The course is flexible and is delivered through a blended learning approach by experienced staff who have worked within the health and social care sector.

## Delivery

**Location:** Wellington Road Campus

**Start Date:** 15/09/2025

**Day:**

**Time:**

**Course Fee:**

**Course Code:** Q4706

**Study Mode:** Part-time

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