

Sport Edexcel BTEC Level 2 Extended Certificate

Study Mode: Full Time | Course Level: 2

Is this course right for me?

Enhance your sporting expertise with the Level 2 diploma!

This qualification will develop your knowledge and understanding of sport and will provide many opportunities to study areas which relate directly to the needs of employers in specific areas of the industry.

You will have the opportunity to showcase your sporting skills, have your performance analysed and receive guidance on how to improve, develop your coaching and performance analysis skills through practical activities and demonstrations, improve your personal fitness and take part in individual and team training sessions.

You will also study elements of sports psychology and the effects that sport has on mental health.

If necessary, you can retake your maths and English GCSEs as part of the course.

Also, if you earn less than £30,000 per year and aged 19 or over, you could study this course for FREE!

Entry Requirements

To access this course you are required to have:

- Five GCSE passes at Grade 3 (D) or above OR
- Level 1 Diploma at Merit (equivalent) with Functional Skills English Level 2 OR
- Level 2 Coaching at Pass with Functional Skills English Level 2
- Satisfactory police declaration, DBS check and references

You will also be required to attend an interview with one of the college's admissions tutors.

What will I learn?

During this course you will study the following modules:

- Fitness for sport and exercise
- Practical sports performance
- Carrying out a sports-related project
- The mind and sports performance
- The sports performer in action
- Training for personal fitness
- Anatomy and physiology for sports performance

Optional modules:

- Leading sports activities internal
- Promotion and sponsorship in sport internal
- Lifestyle and well-being internal
- Injury and the sports performer internal
- Running a sports event internal
- The sport and active leisure industry internal
- Profiling sports performance

What skills will I gain?

By studying this course you will:

- Develop your understanding on key anatomical structure & function

- Learn how to develop training programmes for specific groups
- Develop your confidence in dealing with work related issues
- Understand how to apply your skills to areas of the industry
- Improve your knowledge and understanding within key training principles
- Gain valuable team working and communication skills by taking part in events such as the college Olympics
- You will also have the opportunity to develop a wide range of skills to make you more employable, including English and maths

How will I be assessed?

A variety of assessment methods are used including individual and group presentations, case studies,

role-plays, question and answer, producing display materials, time constrained assessments, work-based assignments and assessment.

This will allow you to develop skills you currently possess and work on new skills that will help you progress, it will also allow you to build a portfolio of evidence and complete other workpacks that are required for you to gain the qualifications in this programme.

What can I do next?

The skills you will learn from this course will enable you to:

- Progress directly onto the Extended Diploma as a year 2 option and then gain a place of study on our HNC Sport programme
- Pursue a career as a sports scientist, sports coach, sports development officer, sports psychologist, PE teacher or leisure manager

Why study with us?

We have outstanding success rates on this course and excellent feedback from our past students. In fact, some of our past students have gone on to become sports coaches, personal trainers, sports development officers, teachers, physiotherapists and many more skilled jobs in sport. You will be working within our excellent facilities in order to develop your skills and knowledge in sport.

While you are on this course you will get to visit St Georges Park, leading fitness centres, fitness

events across the West Midlands, the Employer Roadshow and Active College events.

We also have guest speakers who we invite into college to enhance your learning. These have included Darren Garwood, Matt Murray and Dave Heeley.

Delivery

Location: Wellington Road Campus

Start Date: 04/09/2023

Day:

Time:

Course Fee:

Course Code: CP0164

Study Mode: Full Time

Apply online: www.wolvcoll.ac.uk/apply