

Leader in Adult Care Apprenticeship Level 5

Study Mode: Apprenticeships | Course Level: 5

Is this course right for me?

A leader in adult care has responsibility for managing community or residential-based services and guides and inspires teams to make positive differences to someone's life when they are faced with physical, practical, social, emotional, psychological or intellectual challenges. They will be a leader of the care team and will develop and implement a values-based culture at a service or unit level. They may be responsible for business development, financial control, organisational resilience and continuity as well as for managing risk and leading on organisational change.

The role has a large element of leadership, whether with other care workers and networks, or in leading the service itself. They have a responsibility to ensure the service is safe, effective, caring, responsive to people's needs and well-led. They may be a registered manager of a service, unit, deputy or assistant manager. They will be responsible for ensuring regulatory compliance of the care given and the values and training of staff with established standards and regulations.

Leaders in adult care may work in residential or nursing homes, domiciliary care, community day centres, a person's own home or some clinical healthcare settings. The role of leader in adult care in this standard also covers personal assistants who operate in a management role but may only work directly for one individual who needs support and/or care services.

Typical job titles include registered, assistant, deputy, unit or service manager.

Entry Requirements

Level 1 in English and maths

For those with an education, health and care plan or a legacy statement the apprenticeship's English and maths minimum requirement is Entry Level 3.

A British Sign Language qualification is an alternative to English qualifications for those for whom this is their primary language.

What will I learn?

CORE KNOWLEDGE, SKILLS AND BEHAVIOUR REQUIREMENTS

KNOWLEDGE

On completion of the apprenticeship, adult care leaders will know and understand:

Tasks and responsibilities: Statutory frameworks, standards, guidance and Codes of Practice which underpin practice in relation to the safe delivery of services. Systems and processes needed to ensure compliance with regulations and organisational policies and procedures including health and safety and risk management. Principles of risk management, assessment and outcome-based

practice. Principles and underpinning theories of change management including approaches, tools and techniques that support the change process. Legislative and regulatory frameworks which inform quality standards. Theories and models that underpin performance and appraisal including disciplinary procedures.

Dignity and human rights: Legislation and policy initiatives on the promotion of diversity, equality and inclusion in services they lead.

Communication: Legal and ethical frameworks in relation to confidentiality and sharing information. Range of tools and strategies to enhance communication including technology.

Safeguarding: Legislation, national and local solutions for the safeguarding of adults and children including reporting requirements. The elements needed to create a culture that supports whistleblowing in the organisation.

Health and wellbeing: Models of monitoring, reporting and responding to changes in health and wellbeing.

Professional development: Principles of professional development. Goals and aspirations that support own professional development and how to access available opportunities. Elements needed to create a culture that values learning, professional development, reflective practice and evidence-based practice. Systems and processes necessary to ensure professional development opportunities are identified, planned, sourced, evaluated and recorded for workers.

Leadership: Theories of management and leadership and their application to adult care. Features of effective team performance.

SKILLS

On completion of the programme, apprentices will have skills in the following areas:

Tasks and responsibilities: Develop and apply systems and processes needed to ensure compliance with regulations and organisational policies and procedures. Implement strategies to support others to manage the risks presented when balancing individual rights and professional duty of care. Develop and apply systems and processes that monitor and sustain quality of the service, including assessments, care plans and service delivery. Lead and support others to work in a person-centred way and to ensure active participation which enhances the well-being and quality of life of individuals. Encourage and enable both staff and people who access care and support to be involved in the co-production of how the service operates. Manage all resources in delivering complex care and support efficiently and effectively.

Dignity and human rights: Develop and lead implementation of organisational practices to create and sustain a culture that actively champions dignity and respects diversity, inclusion and fairness in the workplace. Develop and lead a culture that values courage in working in ways that may challenge workers' own cultural and belief systems.

Communication: Develop and implement organisational processes to ensure that records and reports are written clearly and concisely and to keep information safe and preserve confidentiality. Translate policy and guidance into understandable information for a range of audiences including people who access care and support, carers and families and other colleagues.

Safeguarding: Implement systems to train and support work colleagues to enable them to recognise and respond to potential signs of abuse and or unsafe practices, following organisational policies and procedures. Monitor and evaluate the effectiveness of organisational policies, systems and processes for safeguarding.

Health and wellbeing: Lead the implementation of policies, procedures and practices to manage health, safety and risk to individuals and others in health and social care to ensure compliance with legislation, standards and guidance. Implement health and safety and risk management policies, procedures and practices to create a culture that values health and well-being in the organisation. Monitor, evaluate and improve health, safety and risk management policies and practices in the service.

Professional development: Apply evaluated research and evidence-based practice in own setting
Take initiative to research and disseminate current drivers in the adult care landscape.
Embed systems to improve performance of themselves and/or work colleagues through supervision, reflective practice and learning and development opportunities.

Leadership: Show a well-developed sense of their own behaviour and impact on others modelling a values-based culture. Create a supportive culture that values initiative and innovation and recognises the variety of skills of all within the service, both workers and individuals supported. Adopt a team approach, recognising contributions of team members and able to lead a team where required.

BEHAVIOUR

Apprentices will demonstrate the personal attributes and behaviours expected of all leaders in adult care:

Care: Consistently caring about individuals to make a positive difference to their lives

Compassion: Delivers care and support with kindness, consideration, dignity and respect

Courage: Does 'the right thing' for people and speaks up if the individual they support is at risk

Communication: Good communication is central to successful caring relationships and effective team working

Competence: Applies knowledge and skills to provide high quality care and support

Commitment: Committed to improving the experience of people who need care and support and ensures it is person-centred

How will I be assessed?

Throughout the programme apprentices will receive expert tuition from highly trained staff

A qualified assessor will provide an induction and regular workplace assessments

What can I do next?

Full-time employment in the sector

Delivery

Location: Work-based & College

Start Date:

Day:

Time:

Course Fee:

Course Code: APPCARE5

Study Mode: Apprenticeships

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