

Sports Coaching NCFE Level 2 Diploma

Study Mode: Full Time | Course Level: 2

Is this course right for me?

Enhance your sporting expertise with the Level 2 diploma!

This qualification will develop your knowledge and understanding of sport and will provide many opportunities to study areas which relate directly to the needs of employers in specific areas of the industry.

You will have the opportunity to showcase your sporting skills, have your performance analysed and receive guidance on how to improve, develop your coaching and performance analysis skills through practical activities and demonstrations, improve your personal fitness and take part in individual and team training sessions.

You will also study elements of sports psychology and the effects that sport has on mental health.

If necessary, you can retake your maths and English GCSEs as part of the course.

Also, if you earn less than £30,000 per year and aged 19 or over, you could study this course for FREE!

Entry Requirements

To access this course you are required to have:

- Five GCSE passes at Grade 3 (D) or above OR
- Level 1 Diploma at Merit (equivalent) with Functional Skills English Level 2 OR
- Level 2 Coaching at Pass with Functional Skills English Level 2
- Satisfactory police declaration, DBS check and references

You will also be required to attend an interview with one of the college's admissions tutors.

What will I learn?

During the course you will study the following modules:

- Fitness for Sport and Exercise External
- Practical Sports Performance Internal
- Carrying Out a Sports-related Project Internal
- The Mind and Sports Performance Internal
- The Sports Performer in Action Internal
- Training for Personal Fitness Internal
- Anatomy and Physiology for Sports Performance
- Leading Sports Activities Internal
- Promotion and Sponsorship in Sport Internal

- Lifestyle and Well-being Internal
- Injury and the Sports Performer Internal
- Running a Sports Event Internal
- The Sport and Active Leisure Industry Internal
- Profiling Sports Performance

What skills will I gain?

By studying this course you will:

- Develop your understanding on key anatomical structure & function
- Learn how to develop training programmes for specific groups
- Develop your confidence in dealing with work related issues
- Understand how to apply your skills to areas of the industry
- Improve your knowledge and understanding within key training principles
- Gain valuable team working and communication skills by taking part in events such as the college Olympics
- On your course you will also have the opportunity to develop a wide range of skills to make you more employable, including English and maths.

How will I be assessed?

A variety of assessment methods are used including individual and group presentations, case studies, role-plays, question and answer, producing display materials, time constrained assessments, work-based assignments and assessment.

What can I do next?

Successful completion of the qualification will enable you to:

- Progress directly on to the 90 Credit Diploma in Sport or Personal Training
- Pursue a career as a sports scientist, sports coach, sports development officer, sports psychologist, PE teacher or leisure manager

Delivery

Location: Wellington Road Campus

Start Date: 05/09/2022

Day:

Time:

Course Fee:

Course Code: CP0225

Study Mode: Full Time

Apply online: www.wolvcoll.ac.uk/apply