

## Counselling Skills NCFE Level 2 Certificate

Study Mode: Part time | Course Level: 2

### Is this course right for me?

This course is suitable for anybody who wishes to gain counselling skills, and is ideal for anyone who works in a helping capacity in a variety of contexts, such as support workers, teachers, social workers, youth workers and others.

It is also relevant to those who are intending to start training in counselling, either in this college or other institutions of further and higher education.

We accept students who may not have direct work experience but do have experience in a helping capacity, subject to satisfactory interview.

The course is highly valued by employers and the University of Wolverhampton advises students to undertake this course before applying to their postgraduate course in Counselling Psychology.

Also, if you earn less than £30,000 per year and aged 19 or over, you could study this course for FREE!

### Entry Requirements

To access this course you are required to:

- Be 19+
- Have English and maths GCSE at grade D/3 and or Functional Skills level 1

### What will I learn?

During this course you will study:

- Identifying counselling skills
- Theories that underpin counselling
- Understand ethics and diversity
- Personal development

### What skills will I gain?

By studying this course you will:

- Develop your understanding of the issues that need to be considered when in a helping situation including developing self-awareness and an understanding of diversity issues
- Learn how to communicate effectively within a health and social care environment through the investigation of different forms of communication, understanding barriers to

- communication and how to be able to communicate effectively
- Gain knowledge of the theories that underpin counselling practice
  - Improve your time management and organisational skills
  - Gain valuable team working and communication skills by taking part in whole class and small group discussions and presentations

## How will I be assessed?

You will be continually assessed throughout the programme by compiling evidence to include written evidence in the form of written questions, case studies, role plays, reflective accounts and group and individual presentations. The course is externally moderated by NCFE.

## What can I do next?

The skills you will learn from this course will enable you to progress on to the Level 3 Diploma in Counselling Skills, subject to approval from the tutor/curriculum manager.

## Why study with us?

We have an excellent success rate on this course with the majority of our students progressing to the Level 3 qualification. Past students have also used the skills gained on this course in their current workplace, to support them in job interviews or to complement other qualifications they hold.

## Delivery

**Location:** Wellington Road Campus

**Start Date:** 16/09/2024

**Day:**

**Time:**

**Course Fee:**

**Course Code:** Q1697

**Study Mode:** Part time

Apply online: [www.wolvcoll.ac.uk/apply](http://www.wolvcoll.ac.uk/apply)