

Health and Social Care NCFE Level 1 Diploma

Study Mode: Full Time

Is this course right for me?

The CACHE Level 1 Diploma in Health, Social Care, Children's and Young People will help you to develop your knowledge and understanding through hands-on learning in a number of interesting areas – including growth and development, food and nutrition and care of children and adults – and you will get the chance to develop your skills further on a short work placement in the local area.

Studying the course will also introduce you to some of the innovative work being done with children and adults.

As part of the course you will get the chance to upgrade your English and maths skills and tutors will also support you if you wish to progress to the next level of study – indeed, past students on this course have progressed to higher levels of study at the college and then moved on to university. And once fully qualified, many of our students have gained employment in the early years' sector in schools and nurseries or adults sector settings such as care facilities or progressed to nursing

To enhance your learning, you will also get the chance to hear presentations from guest speakers working in the sector including early years' professionals, health care professionals and employment agencies.

This is a one year full-time course.

Also, if you earn less than £32,000 per year and aged 19 or over, you could study this course for FREE!

Entry Requirements

For external applicants:

To access this course, you are required to:

- Three or more GCSEs at grade 2 (E) or above, including English
- An interest in the subject and keenness to study
- Good attendance and punctuality
- Have an interview and also be required to have a satisfactory DBS (Disclosure & Barring Service) check.

For internal progression learners (already studying with us):

Learners must be able to demonstrate that they:

- Have successfully completed a relevant course that naturally progresses onto this programme, achieving a good standard
- Have improved their English and maths grades since enrolment
- Have maintained good attendance and punctuality
- Show a consistently positive attitude to learning

If you want to progress to the Level 2 qualification you will need to successfully complete this level along with the required level for English and Maths.

What will I learn?

During this course you will study the following modules:

- Communication
- Healthy eating
- Safeguarding the welfare of children and young people and adults
- Range of services and job opportunities
- Growth and development
- Person centred care approach
- Respecting and valuing children and adults
- Risks within settings
- Duty of care
- Equality
- Practical health and safety
- Self-development

What skills will I gain?

By studying this course you will learn how to:

- Develop skills to effectively communicate
- Be able to plan person centred care plans
- Prepare activities which will encourage children and adults to eat healthily
- Understand how to provide a safe environment for children and adults
- Know how to value children and adults by treating each as an individual
- Gain valuable team working and communication skills by taking part in a group activity which would engage children and adults in a variety of activities
- Develop your skills in reading, writing & speaking through presentations to fellow students, reading and following instructions, planning and evaluating activities and completing job applications
- Develop your maths skills by designing games and activities for children (using number & calculation), organising practical early years activities (using measure, volume & quantity) and keeping children safe (using ratios)

How will I be assessed?

- This is an assignment based course and there are no exams. You will be continually assessed throughout the course by your tutors.
- For maths and English, depending on your level there will be exams for these aspects of your programme of study.

What can I do next?

Successful completion of this course will enable you to:

- Progress to the Level 2 CACHE qualification*
- Apply for an apprenticeship

*If you want to progress to the Level 2 qualification you will also need to have achieved English and maths at grade 3.

Delivery

Location: City Learning Quarter

Start Date: 07/09/2026

Day:

Time:

Course Fee:

Course Code: CP0113

Study Mode: Full Time

Apply online: www.wolvcoll.ac.uk/apply