Course Information

CITY OF WOLVERHAMPTON COLLEGE

Health and Social Care

Study Mode: Full Time

Is this course right for me?

If you are passionate about helping people, improving wellbeing and making a difference to individuals and communities, our Health & Social Care courses provide a pathway from introductory level through to advanced qualifications that can lead to university, apprenticeships or employment within the sector.

You will develop the knowledge, practical skills and professional behaviours needed to work in a wide range of health and social care settings. As you progress through the levels, you will learn about human development, safeguarding, communication, equality and diversity, anatomy and physiology, mental wellbeing, public health and person-centred care.

Learning combines classroom-based study with practical activities, work placements and employer engagement, helping you gain valuable experience and insight into careers across health, social care and care professions.

Whether your goal is nursing, midwifery, social work, healthcare support, therapy services or higher education, these courses provide an excellent foundation for your future career.

Qualifications available

- NCFE Entry Level 3 Award in Entry into Health and Social Care
- NCFE Level 1 Diploma in Health and Social Care
- NCFE Level 2 Extended Diploma in Health and Social Care
- NCFE Level 3 Extended Diploma in Health and Social Care
- Health T Level

The qualification level you will be enrolled on will be discussed during your interview and will be based on your qualifications, experience and career goals.

Entry Requirements

- Entry Level 3: No formal qualifications required. Applicants will complete a diagnostic assessment and informal interview.
- Level 1: Three or more GCSEs at Grade 2 or above, including English.
- Level 2: Four or more GCSEs at Grade 3 or above, including English, or successful completion of a relevant Level 1 qualification.
- Level 3 Extended Diploma: Four or more GCSEs at Grade 4 or above, including English and maths.
- Health T Level: GCSE English and maths at Grade 4 or above, plus GCSE Science Trilogy at Grade 5-5 or separate sciences at Grade 4 or above.

For all levels, you will also be required to:

- Attend an interview with a course tutor
- Demonstrate good attendance, punctuality and a positive attitude to learning
- Show an interest in health, care and supporting others
- Demonstrate effective communication and interpersonal skills

Additional course information

Work placements and industry experience

Practical experience is an important part of Health & Social Care study.

- **Level 1:** Short work placement opportunities
- **Level 2:** Minimum of 30 hours work placement in a health or social care setting
- **Level 3:** Minimum of 100 hours work experience
- **Health T Level:** Industry placement of at least 45 days with an employer

DBS requirements

Many Health & Social Care courses require a satisfactory Disclosure and Barring Service (DBS) check before work placement activities can begin.

What will I learn?

Depending on your chosen level, you may study:

- Communication in health and social care
- Human growth and development
- Safeguarding and protection
- Equality, diversity and inclusion
- Person-centred care
- Anatomy and physiology
- Nutrition and healthy living
- Infection prevention and control
- Health, safety and wellbeing
- Professional values and responsibilities
- Mental health and wellbeing
- Public health
- Research skills
- Supporting health and wellbeing
- Empowerment and protection in care settings
- Understanding healthcare services and professions
- Health T Level specialisms

Students may have the opportunity to specialise in areas such as:

- Supporting the adult nursing team
- Supporting the midwifery team
- Supporting the mental health team
- Supporting the care of children and young people
- Supporting therapy teams
- Dental nursing

What skills will I gain?

By studying a Health & Social Care qualification you will:

- Develop professional communication skills
- Gain an understanding of health and social care practice
- Learn how to support individuals with different needs
- Develop safeguarding and risk-awareness skills
- Improve teamwork and collaboration skills
- Build confidence in professional settings
- Develop research and analytical skills
- Improve organisation and time-management skills
- Gain valuable work-related experience
- Develop problem-solving and critical-thinking abilities
- Prepare for higher education, apprenticeships or employment within the sector

How will I be assessed?

Assessment methods vary depending on your course and may include:

- Assignments and coursework
- Project work
- Case studies
- Presentations
- Workbooks and portfolio evidence
- Practical observations
- External assessments and examinations
- Employer-set projects (T Level)

What can I do next?

Successful completion of the course will enable you to progress to:

- A higher-level Health & Social Care qualification
- A Health or Care apprenticeship
- University or Higher Education study
- Employment within health and social care settings

Potential career areas include:

- Healthcare Assistant
- Care Worker
- Support Worker
- Nursing Associate
- Registered Nurse (through further study)
- Midwife (through further study)
- Social Worker (through further study)
- Mental Health Practitioner
- Therapy Assistant
- Family Support Worker
- Community Support Worker
- Residential Care Worker
- Public Health Practitioner
- Health and Social Care Manager (through further qualifications and experience)

Delivery

Location: City Learning Quarter

Start Date: 06/09/2027

Day:

Time:

Course Fee:

Course Code: X0040

Study Mode: Full Time

Apply online: **www.wolvcoll.ac.uk/apply**