

Mental Health Awareness NCFE Certificate

Study Mode: Part Time

Is this course right for me?

This qualification is designed for any learner that wants to raise their awareness of mental health and the problems that can cause mental ill health.

These may be learners who wish to access this training with a view to progressing to further qualifications or employment within health and social care, to complement other qualifications in apprenticeship frameworks within health or health and social care, or to develop in their current job role within health and social care.

Delivery Information

This course will run for 1/2 a day each week for 1 year. Day of week TBC.

Entry Requirements

There are no formal qualifications required but diagnostics will be undertaken to determine current level of English if learners do not possess a level 2 qualification.

What will I learn?

During this course you will study the following modules:

- Understanding mental health
- Understanding Stress
- Understanding anxiety
- Understanding phobias
- Understanding depression
- Understanding postnatal depression
- Understanding Bipolar disorder
- Understanding schizophrenia
- Understanding dementia
- Understanding eating disorders

What skills will I gain?

By studying this course you will:

- Develop your understanding of mental health awareness
- Improve your study skills
- Gain valuable team working and communication skills by taking part in group activities
- Develop your transferable skills

How will I be assessed?

Throughout the course you will be assessed in the following ways:

- Assessment by a tutor
- Assignment

What can I do next?

Delivery

Location: Wellington Road Campus

Start Date: 07/09/2026

Day:

Time:

Course Fee:

Course Code: Q5586

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Apply online: www.wolvcoll.ac.uk/apply