

Gym Instructing Level 2 Certificate

Study Mode: Part Time

Is this course right for me?

If you want a career as a personal trainer in the sport and active leisure sector, this course will give you the knowledge, understanding and practical skills you need to work in the UK or further afield.

You will combine practical activities with theoretical knowledge and will gain hands-on experience of working with real-life clients as part of the course which will not only enhance your understanding of fitness principles, but also enable you to tailor workout plans to accommodate different needs, provide expert guidance and motivate clients to achieve their fitness goals.

You will be required to purchase an approved college-branded sports kit which costs approximately £80 – details will be provided on acceptance to the course and financial support may be available to help with these costs.

Entry Requirements

You will be required to attend an interview with a member of the college's admissions team to discuss your career aspirations and determine your suitability for the course.

What will I learn?

What skills will I gain?

How will I be assessed?

What can I do next?

Learners who achieve this qualification could progress to:

- Gain employment in the sport industry as a gym instructor or personal trainer
- Progression to a Full Time Level 3 programme in Sport
- Apprenticeship in a sports-related area

Delivery

Location: Wellington Road Campus

Start Date: 15/10/2026

Day:

Time:

Course Fee:

Course Code: Q5616

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Apply online: www.wolvcoll.ac.uk/apply